



Article 6:

Evaluation of Clinical Rehabilitation Efficacy of Acupuncture Treating Limb Spasm after Stroke

Wang Po-Hsueh, PhD Candidate, PhD in Healthcare (Intergrated Health),
HORIZON UNIVERSITY

Abstract

Stroke diseases in developing countries around the world(Cerebral Vascular Accident) Is the main cause of death or disability. Cramps (Spasticity) It can be said to be a potential factor that hinders the free movement control of the limbs and the ability to use functions independently during the rehabilitation process of stroke patients. Spasticity can be regarded as a kind of upper motor neuron Injury phenomenon, the typical manifestation is the rigid flexor reflex induced by the increase in the speed of joint flexion and extension, which is caused by excessive tendon twitching and hypersensitivity of the extension reflex, Most patients will have joint movement of upper limb flexors and lower limb extensors(co-contraction).

Acupuncture has been used to treat diseases since ancient China has exceeded 3000 Years of history. It is proved that acupuncture can help improve the sequelae of stroke patients. Acupuncture is one of the important methods of traditional Chinese medicine to treat motor dysfunction after stroke.

Keywords: acupuncture, limb spasm, electroacupuncture, stroke, spasm